



City of  
**Mountain  
View**

# Update from PSAB Subcommittee on Mental Health Crisis Response

May 26, 2022



## Background Recap

- Purpose
  - Help inform and raise awareness about new mental health crisis response programs in Mountain View
- Focus
  - Santa Clara County TRUST and MCRT in North County
  - MVPD Behavioral Services Unit
- Timeline/Status
  - Currently gathering information about mental health crisis response needs and resources in Mountain View
  - Will compile a “community profile” to share with Santa Clara County Behavioral Health (est. Fall 2022)
  - Next steps re: launch of TRUST and MCRT:
    - Provide input and assistance about how to promote
    - Seeking community feedback and share with the County



# Outreach Updates

- Contacts to-date
  - Santa Clara County Behavioral Health
  - MVLAUHSD
  - MVPD
  - CHAC
  - El Camino Hospital
  - Emotions in Harmony

- MVPD calls perceived to be behavioral health related
  - 2020: 319
  - 2021: 483
- 2022 Q1 MVPD RIPA stop data believed to be behavioral health related: 45
- MVPD calls referencing overdose
  - 2018: 41
  - 2019: 56
  - 2020: 58
  - 2021: 66
- Suicides
  - 2019: 6
  - Total 2015-19: 22
  - Similar 2019 rate per 100,000 population to Sunnyvale, Santa Clara, San Jose



## Themes Regarding Youth Mental Health

- Increasing numbers and acuity
- Presenting issues
  - Anxiety
  - Depression
  - Substance abuse
  - Self harm
  - Sexual assault
- Source of referrals
  - Students themselves
  - Teachers
- Barriers to services
  - Lack of awareness
  - Waiting lists
  - Some stigma
- Ideas for raising awareness about County programs
  - County-facilitated resource faire for school counselors
  - Navigators/advocates
  - Enhanced direct communication to parents

## Data Needs for “Community Profile”

- Crisis Indicators
  - MVPD mental health calls
  - MVPD mental health contact data
  - 5150 holds
  - Suicide data
  - Overdose data
  - DUIs
  - Counts of homeless/unstably housed residents
  - Presenting issues leading to crisis
  - Trends in the volume and acuteness of crisis
- Resources & Access
  - Available resources
  - Paths and obstacles to accessing them
  - When seeking **crisis response** services
  - When seeking referrals following crisis response to support ongoing **crisis de-escalation**
- Community demographics
  - Gender
  - Age
  - Race/ethnicity
  - Language
  - Economic need
  - Immigration status
  - LGBTQ+
- Key community attributes
  - School data (attendance, test scores, graduation rates, etc.)
  - Neighborhood areas
  - City geography/thoroughfares/transit centers
  - Local business/day-time population profile
  - Community engagement and gatherings
  - City Vision, Strategic Priorities & services



## Key Community Contacts/Data Sources

- Santa Clara County
  - Behavioral Health Services
  - MCRT (adult provider)
  - “No wrong door” hotline
  - Care Court (Laura’s Law)
- School Districts
  - MVLAUHSD Wellness Coordinator and Student Support Services
  - MVWSD
- Hospitals
  - El Camino Hospital
  - Valley Medical
  - Stanford Hospital
- Community Groups
- Nonprofit Providers
  - CHAC
  - Momentum for Mental Health
  - Uplift (Youth MCRT provider)
  - Emotions in Harmony
  - CSA
- City Services
  - Community Services Department (youth and senior programs)
  - Youth Advisory Committee
  - Library Department
  - Police Department
  - Fire Department