From:	<u>Mohan Gurunathan</u>
То:	City Council
Subject:	Please vote in favor of the Plant-Based Eating Resolution
Date:	Monday, May 9, 2022 11:13:15 PM

Dear Mountain View City Council,

My name is Mohan Gurunathan and I am a 15+ year resident of Mountain View. I have spoken to you on several occasions and I appreciate you considering my feedback.

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Recent studies show that <u>rich countries must reduce their meat consumption by 75% or more</u> to avoid the collapse of planetary ecological systems as well as food systems. This fact is hardly mentioned in the news, which continues to focus solely on fossil fuels. World leaders, policy makers and corporate interests ignore the fact that we are racing towards environmental disaster due to our grossly unsustainable consumption of meat and dairy products.

I am proud and appreciative that Mountain View is becoming a leader in the discussion around sustainable Plant-based eating. I urge you to vote in favor of the PBE resolution. But at the same time, more needs to be done. We need to change the food that is served in our schools (where nearly every meal includes factory-farmed meat with cows milk on the side; or else is smothered in cheese), and teach our children a more healthy and sustainable way to eat. We need to get red meat and processed meat – both confirmed carcinogens – out of our schools and hospitals. We need policy makers to cut back on animal product purchasing at a municipal level. We desperately need to educate every resident why this issue matters and teach them that it is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

A Plant-based Eating resolution is a great first step. However, many cities (including San Jose, Berkeley, and others) have adopted "Meatless Monday" type resolutions, which have led to no tangible changes in consumption. Therefore, I urge you to continue to focus on this issue, and enact additional programs and policies to increase plant-based eating in Mountain View, and beyond.

Thank you for your service and for considering my feedback.

Respectfully, Mohan Gurunathan Mountain View, CA

From:	<u>Barbara Erny</u>
To:	City Council
Subject:	Plant-based eating resolution
Date:	Monday, May 9, 2022 11:22:15 PM

attachments.

Dear Mountain View City Council members,

My name is Barbara Erny, MD, and I am a lifelong resident of the Peninsula. I currently live in Redwood City. I am a physician and worked in Mountain view for 26 years. At Sutter Health I was on the Sustainable Food committee, and I now teach about the health effects of climate change at Stanford.

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Diets heavy in animal products have been shown to be associated with many poor health outcomes, including heart disease, stroke, diabetes, and cancer. Another threat to our health comes from the pollution and climate change resulting from animal agriculture. Recent studies show that <u>rich countries must reduce their meat consumption by 75%</u> or more to avoid the collapse of planetary ecological systems as well as food systems.

I applaud Mountain View for considering a Plant-Based Eating resolution, and I urge you to vote in favor of it. Your city could set an example and be a world leader in changing our food system, which is just as important as utilizing clean energy. Food (including agriculture, transportation, packaging and wasted food) accounts for 37% of US greenhouse gas emissions.

We need to change the food that is served in our schools and teach our children a more healthful and sustainable way to eat. We need to get red meat and processed meat – <u>both confirmed carcinogens</u> – out of our schools and hospitals. We need policy makers to cut back on animal product purchasing at a municipal level. And finally, we need to educate residents on why this issue matters to their direct health and their children's future. We can teach them that eating more plant-based meals can be delicious and convenient.

Therefore, I urge you to advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View and beyond.

Thank you for considering my feedback.

Sincerely,

Barbara C. Erny, MD

Adjunct Clinical Associate Professor, Stanford University School of Medicine Faculty Fellow, Stanford Center for Innovation in Global Health

Education Director, Stanford Climate, Health and Equity Task Force

Editorial Board, The Journal of Climate Change and Health

Steering Committee, Medical Society Consortium on Climate and Health

From:	Robyn Shalinsky
То:	City Council
Subject:	Support for the proposed Plant-Based Eating resolution
Date:	Monday, May 9, 2022 11:28:58 PM

Dear Mountain View City Council,

I have lived in Mountain View for almost 25 years now. I appreciate all of the work that the Mountain View City Council does!

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Recent studies show that we must reduce our meat consumption by at least 75% to avoid our current climate crisis.

Thank you so much for considering a Plant-Based Eating resolution! I urge you to vote in favor of it. In addition, it would be wonderful if we could also change the food that is served in our schools and teach our children a more healthy and sustainable way to eat. We request that policy makers cut back on animal product purchasing at a municipal level. We desperately need to educate every resident why this issue matters and teach them that it is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

Therefore, I urge you to advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View and beyond.

Thank you for considering my feedback.

Sincerely,

Robyn Shalinsky, Mountain View resident

From:	Mike Sage
To:	City Council
Subject:	Please support the proposed Plant-Based Eating resolution
Date:	Monday, May 9, 2022 11:45:44 PM

FROM: Mike Sage

TO: Mountain View City Council

I live in the city of Santa Clara; I have retired from a career as a software engineer for a major aerospace company. My wife and I have raised three children here who have all gone on to become college graduates and constructive community members and we now have three grandchildren also. I have served as a deacon of my church and have become increasingly appreciative of the strong, Bible-based principles of Christianity that support man's stewardship of planet Earth (i.e., environmental responsibility) and God's mandates that our lives be characterized by kindness and compassion to all.

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Recent studies show that <u>rich countries must reduce their meat consumption by 75% or more</u> to avoid the collapse of planetary ecological systems as well as food systems. World leaders, policy makers and corporate interests are hardly even talking about this, yet the writing on the wall is clear: we are headed towards environmental disaster if we do not globally change what we choose to farm and eat.

I applaud Mountain View for considering a Plant-Based Eating resolution, and I urge you to vote in favor of it. But at the same time, more needs to be done. We need to change the food that is served in our schools (where nearly every meal includes factory-farmed meat with cows milk on the side; or else is smothered in cheese), and teach our children a more healthy and sustainable way to eat. We need to get red meat and processed meat – <u>both confirmed carcinogens</u> – out of our schools and hospitals. We need policy makers to cut back on animal product purchasing at a municipal level. We desperately need to educate every resident why this issue matters and teach them that is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

Therefore, I urge you to advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View and beyond.

Thank you for considering my feedback.

Sincerely,

Mike Sage

Santa Clara

From:	on behalf of SCU tUrn Project
To:	<u>City Council</u>
Subject:	Urging your YES vote on Plant-Based Eating
Date:	Tuesday, May 10, 2022 12:11:16 AM
Attachments:	tUrn square png.png

Dear Mountain View City Council,

My name is Kristin Kusanovich, and I am a professor at Santa Clara University, a resident of San Jose, and the director of tUrn Climate Crisis Awareness & Action. I've been in local, national, and international conferences with plant-based experts who understand the connection between minimizing climate catastrophe and something that is in our hands to control: diet and menu changes.

I'm writing here to advocate for the City of Mountain View taking heed of this moment in the history of civilization to think outside the big mac.

I understand you are considering a Plant-Based Eating resolution in your May 10, 2022 Mountain View Council Meeting and I want to urge you to adopt this resolution and then take the next steps toward creating a city-wide understanding of this critical lever for drawdown.

Project Drawdown lists plant-based diets in their top 3 solutions of their top 100 solutions for drawing down global warming. And there are so many other benefits (besides a habitable planet) too. I am well-apprised of the devastation to the world and to our children's future caused by our meat-eating habits that are objectively totally unnecessary. We are ensuring an unlivable and hostile planet by continuing to consume so much meat and dairy, enough to rob a great number of people of their food as we feed livestock instead. We are ensuring the destruction of the rainforest, the "lungs of the planet," and we are ruining streams, rivers, soil, and our own bodily health with the consumption of inhumanely raised and unnecessarily suffering animals that we treat worse than we treat our least favorite insects. The greenhouse gasses emitted by our production of meat, the water lost, the farmlands sinking, the ability of plant-based crops to create life-saving yields, all of this compels us to use our cities as models of the future we know we need to shift to create.

Mountain View is poised to pass this Plant-Based Eating resolution, and I wholeheartedly support and encourage you to do that; all the research is there.

And this is an important moment to consider additional ways we need to change the food that is served in our schools (where most meals feature factory-farmed meat and dairy). We could teach our children how to get equal protein, nutrition and better health through easy adjustments, even gradual adjustments, to their diets. Schools, hospitals, care facilities, these are places where we need to be rid of carcinogenic menu items like meat. The whole city and county can cut back on meat and dairy purchasing at all of its functions and in all of its contracts. The beautiful thing about this lever for drawing down global warming is that it is in our hands, and small communities can model how to do it so others can follow. It's absolutely easy to make or find delicious vegetarian or vegan foods that are satisfying and fun to eat.

I urge you to pass this resolution and expand programs that might increase plant-based eating in Mountain View and beyond.

Thank you for your leadership in this climate crisis. We in the Bay Area are not all feeling its effects every day, but we know what living in an smoke-filled orange world is and that is what the climate crisis is bringing to our children more and more surely the less we do. It is here, it is getting worse, and cities have to take leadership where international leadership is not sufficient. I stand with you in your seeking to build a better future. We can't leave it to the children to solve this. It is our responsibility and we are the ones who can change things, and we need to do these things now, even imperfectly, to start the small pebble rolling that might set off an avalanche for the good.

Thank you Mountain View City Council.

Best regards, Kristin Kusanovich San Jose, CA



Kristin Kusanovich Director of tUrn, Senior Lecturer Theatre & Dance and Child Studies Program

> Site | <u>www.scu.edu/tUm</u> Headliners & RSVPs | <u>www.scu.edu/tUm/headliners</u> Social | <u>@scutUm</u> on Instagram and <u>@tUmClimate</u> on Twitter YouTube | <u>https://www.youtube.com/channel/UChRV4-0nxHSz7zLK3psNrfA/featured</u>

> > Contact us | tUrnproject@scu.edu

Santa Clara University is located on the traditional territory of the Ohlone and Muwekma Ohlone

From:	Kathleen Willey
То:	<u>City Council</u>
Subject:	Please vote YES on the Plant-based resolution
Date:	Tuesday, May 10, 2022 10:18:36 AM

Dear Mountain View City Council,

My name is Kathleen Willey and I am a resident of Los Gatos and one of the founding members of Plant Based Advocates.

http://www.plantbasedadvocates.com

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

My entire family switched to a plant based diet 5 years ago and we have never been healthier! I feel it is also important to teach my young kids the impact that animal agriculture is having on our planet. Recent studies show that <u>rich countries must reduce their meat consumption by 75% or more</u> to avoid the collapse of planetary ecological systems as well as food systems. It is frustrating for me that our schools are not teaching our children about this.

I applaud Mountain View for considering a Plant-Based Eating resolution, and I urge you to vote in favor of it. But at the same time, more needs to be done. We need to change the food that is served in our schools (where nearly every meal includes factory-farmed meat with cows milk on the side; or else is smothered in cheese), and teach our children a more healthy and sustainable way to eat. We need to get red meat and processed meat – <u>both confirmed carcinogens</u> – out of our schools and hospitals. We need policy makers to cut back on animal product purchasing at a municipal level. We desperately need to educate every resident why this issue matters and teach them that it is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

Therefore, I urge you advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View.

Thank you for considering my feedback.

Sincerely,

Kathleen Willey, Los Gatos, CA.

From:	<u>Krishna Chilukuri</u>
То:	City Council
Subject:	Support for the Plant Based Eating Resolution
Date:	Tuesday, May 10, 2022 10:20:06 AM

Dear Council members

I am writing to you to express my support for the "Plant-Based Eating Resolution and Program" you are voting on today - please support this resolution as it is critical for the health of our kids and the environment.

Please also consider enacting more programs to promote Plant-Based eating in Mountain View

Thank you Krishna

From:	Lauren Weston
То:	City Council
Subject:	Support for the proposed Plant-Based Eating resolution
Date:	Tuesday, May 10, 2022 10:43:52 AM

Dear Mountain View City Council,

My name is Lauren Weston and I am the Executive Director of Acterra, a local climate change organization dedicated to plant forward programming (among others).

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Recent studies show that <u>rich countries must reduce their meat consumption by 75% or</u> <u>more</u> to avoid the collapse of planetary ecological systems as well as food systems. World leaders, policy makers and corporate interests are hardly even talking about this, yet the writing on the wall is clear: we are headed towards environmental disaster if we do not globally change what we choose to farm and eat.

Acterra is very excited about this, and very encouraged! We applaud Mountain View for considering a Plant-Based Eating resolution, and we urge you to vote in favor of it. We desperately need to educate every resident on why this issue matters and teach them that it is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

Therefore, I urge you advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View.

Sincerely,

Lauren Weston

Executive Director

Acterra: Action for a Healthy Planet

From:	<u>Adi Tzur</u>
То:	City Council
Subject:	Please vote YES on the Plant-based resolution
Date:	Tuesday, May 10, 2022 10:57:09 AM

Dear Mountain View City Council,

My name is Adi Tzur and I am a resident of Mountain View. I work in Health Care settings for seniors.

I am writing to express my strong support for the proposed Plant-Based Eating resolution that is being considered in the May 10, 2022 Council Meeting.

Recent studies show that <u>rich countries must reduce their meat consumption by 75% or more</u> to avoid the collapse of planetary ecological systems as well as food systems. World leaders, policy makers and corporate interests are hardly even talking about this, yet the writing on the wall is clear: we are headed towards environmental disaster if we do not globally change what we choose to farm and eat.

I applaud Mountain View for considering a Plant-Based Eating resolution, and I urge you to vote in favor of it. But at the same time, more needs to be done. We need to change the food that is served in our schools (where nearly every meal includes factory-farmed meat with cows milk on the side; or else is smothered in cheese), and teach our children a more healthy and sustainable way to eat. We need to get red meat and processed meat – <u>both confirmed carcinogens</u> – out of our schools and hospitals. We need policy makers to cut back on animal product purchasing at a municipal level. We desperately need to educate every resident why this issue matters and teach them that it is possible to eat more sustainable plant-based meals without sacrificing taste or convenience.

Therefore, I urge you advance this critical issue even beyond the resolution, by enacting new programs that further increase plant-based eating in Mountain View.

Thank you for considering my feedback.

Sincerely,

Adi Tzur

Mountain View